

# Breastfeeding Awareness Week

WHEREAS, Breastfeeding is recommended for optimal nutrition and healthy growth and development in the early months and years of life, and is fundamental to the well-being and prosperity of communities; and

WHEREAS, Breastfeeding has an impact on lifelong health, with exclusive breastfeeding for the first six months, and continued breastfeeding for two years and beyond, ensuring that mothers and children receive maximum health benefits; and

WHEREAS, Breastfeeding is one of the most cost-effective prevention strategies for many infections and chronic and acute diseases; and

WHEREAS, Infant feeding is one of the most important decisions that a new family makes; and

WHEREAS, Mothers need the support of their breastfeeding team, including family, friends, regional health authorities, mother-to-mother support groups, and community agencies and employers; and

**NOW, THEREFORE, I, Tyler Warman, Mayor of the Town of Slave Lake, do hereby proclaim August 1st to August 7th 2018 as Breastfeeding Awareness Week in the Town of Slave Lake.**

July 3, 2018

Dated



Mayor Tyler Warman

From the Office of the Mayor

# Proclamation